



Memo No. 2584

Dated: 10/09/2026

Notice for Commencement of Academic Session 2026 – 2027

The Foundation Course “**आरोहण – 2026**” for phase – 1 MBBS students of the academic year 2026 – 27 will commence on 15th September 2026 & it shall continue till 3rd October 2026 (Excluding holidays).

During this period the students will be introduced to the various soft skills. The course intends to familiarize the student with the new environment & curriculum. Attendance in the Foundation Course is mandatory as per NMC regulation.

Parents are also invited to the first half of the inaugural day i.e. **15th September 2026** of the Foundation Course.

College Dress Code (as per academic instructions)

For Boys: Navy blue pant with white full sleeve shirt & Black leather shoes.

For Girls: Navy blue salwar with white full sleeve kurta or Navy blue Trouser with white full sleeve shirt & Black leather shoes.

Note: Apron will be provided by the institute on the last day of the Foundation Course during the “**Whitecoat Ceremony**”.


Dean Academics

Rajendra Institute of Medical Sciences, Ranchi

Dean,
Rajendra Institute of Medical Sciences
Ranchi

Attachment(s):

1. Foundation Course Routine.
2. Invitation card for “**आरोहण – 2026**”

Copy to: In-charge, Website, RIMS, Ranchi for circulation.

FOUNDATION COURSE

Time Table for Phase I MBBS (2026 – 2027)

Day & Time	09.00 AM – 10.00 AM	10.00 AM – 11.00 AM	11.00 AM – 12.00 AM	12.00 PM – 01.00 PM	01.00 PM – 02.00 PM	02.00 PM – 03.00 PM	03.00 PM – 04.00 PM	04.00 PM – 05.00 PM	
15/09/26 Tuesday	Orientation Programme Inauguration Welcome address by: 1. MEU Coordinator 2. Dean student welfare 3. Medical Superintendent 4. Dean Academics 5. Director			Interaction with Parents 1. Dean Student Welfare 2. Assistant Dean boys 3. Assistant Dean Girls (And all hostel Superintendent)	LUNCH – BREAK	Introduction to Foundation Course (Dr Archana Kumari, Professor, Dept of OBG) (CO)	Address & Orientation by the HODs of Anatomy, Physiology, Biochemistry & PSM Departments		
16/09/26 Wednesday	Introduction to New MBBS Curriculum (Dr. M. Mundu, Additional Professor, Surgery & MEU Coordinator) (O)	University Examination & Rules (Dr. M. Kumar Prof & Head, Microbiology) (O)	IMG: Roles & Responsibilities of a Doctor (Dr. Archana Kumari, Professor, OBG) (O)			Student’s Expectation from the Institute (Interactive session) (Dr. Rahul Prasad, DSW) (P&E)	Reflection writing (Dr Aradhana Sanga Asso. Prof , Anatomy) (S)	History of Medicine (Dr. R. T. Guria Additional Professor, Medicine) (O)	
17/09/26 Thursday									
18/09/26 Friday	Professionalism (Dr. Shishir Kumar Mahto, Asst. Prof., Physiology) (P&E)	Introduction to AETCOM Module Dr. Kusum Kumari, Additional Prof., Pharmacology) (P&E)	Gender Sensitivity (Dr. Anupa Prasad Additional Professor, Biochemistry) (P&E)	Assessment Driven learning (Dr. Rashmi Sinha Prof. Medicine) (O)		Mental Health (Dr. Vidya Asst. Prof., Psychiatry) (P&E)	FAP Introduction (Dr. Neha Asso. Prof., PSM) (CO)		
19/09/26 Saturday	Academic ambience (Dr. Rahul Prasad , DSW) (P&E)	Group Dynamics (Dr. M Mundu, Additional Professor, surgery & MEU Coordinator) (S)	Empathy (Dr. Anupa Prasad , Additional. Prof., Biochemistry)	Disability competencies (Dr Mukesh K Niraj, Asso Prof Biochemistry)					
20/09/26 Sunday									
21/09/26 Monday	Research Methodology (Dr. Rajendra Kumar, Asso. Prof., Physiology) (R)	Biomedical Waste Management (Dr. Vidya Sagar, Prof., PSM) (S)	Time Management (Dr. Anit Kujur, Asso. Professor PSM) (P&E)	Informed Consent (Dr. Lakhan Majhee, Prof., Pharmacology) (R)		Mentorship- (Dr. Aradhana Asso Prof Anatomy & Dr Pushpanjali, Asso. Prof Pathology) (P&E)			

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22/09/26 Tuesday						LUNCH – BREAK			
23/09/26 Wednesday									
24/09/26 Thursday	VISIT TO VARIOUS HEALTH CARE DELIVERY SYSTEM & INSTITUTIONAL CENTERS						Basic Life Support (Dr. Tushar & Dr. Bharti & Dr Saurabh Suman) Asso. Prof.,Anaesthesia (S)Sports		
25/09/26 Friday	VISIT TO VARIOUS HEALTH CARE DELIVERY SYSTEM & INSTITUTIONAL CENTERS						Universal Precaution & Immunization (Dr. P. K. Chaudhuri Professor, Paediatrics) (S)	Documentation of Medical Records Dr. S. B. Singh (Additional Professor, PSM) (L&C)	National Health Programmes & Policies (Dr. Mithilesh Kumar, Addl. Professor, PSM) (CO)
26/09/26 Saturday	Judicious use of IT Dr Amit Kumar (Asso Prof Lab Medicine)	Personal Safety, Needle stick injury (Dr. Pankaj Bodra, Professor, Surgery) (S)	Interpersonal Communication Skills (Dr. MBK Sinha, Prof., Physiology) (P&E)	Stress management (Dr Ajay Bakhla) Prof. Psychiatry					
27/09/26 Sunday									
28/09/26 Monday	Yoga -Orientation and visit to lab (Dr Rajendra Kumar, Asso Prof, Physiology) (S)		Health care delivery system (Dr Shalini Sundara Prof. HOD PSM)	Personal Growth & Career Pathways (Dr. Rita Kumari, Asso. Professor, Anatomy) (P&E)	AI Dr Ganesh Chauhan (Asso. Prof (L&C)		Local language Dr Lakhan Manjhee Prof. Pharmacology (L&C)	First Aid (Dr. Zenith Harsh Kerketta, Asso. Prof., Surgery) (S)	

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29/09/26 Tuesday	VISIT TO VARIOUS HEALTH CARE DELIVERY SYSTEM & INSTITUTIONAL CENTERS				LUNCH – BREAK	Alternative Health (Dr Asha Kiran , Add. Prof PSM)	Patient Safety (Dr. Kiran Trivedi, Professor, OBG) (S)	Doctor Patient Relationship (Dr. R. T. Guria, Additional Prof., Medicine) (P&E)
30/09/26 Wednesday	VISIT TO VARIOUS HEALTH CARE DELIVERY SYSTEM & INSTITUTIONAL CENTERS					Reaearch scope for students (Dr. Anit Kujur, Asso. Professor PSM)	Value of integrity & honesty (Dr. M P Bara Prof & Physiology) (S)	SDL (Dr Shishir Kumar Assistant Professor Biochemistry) (P&E)
01/10/26 Thursday	VISIT TO VARIOUS HEALTH CARE DELIVERY SYSTEM & INSTITUTIONAL CENTERS					Blood Donation Camp, Organized by RIMS Blood Bank (Dr. Sushma Kumari, In-charge, Blood Bank)		
02/10/26 Friday								
03/09/26 Saturday	Charak Sapath & White Coat Ceremony (All Members of MEU, All Faculty Members of Phase I MBBS) (P&E)							

Colour Coding Legends

Code	Meaning	Colour
(O)	Orientation Module	
(S)	Skill Module	
(CO)	Community Orientation	
(P&E)	Professional Development & Ethics	
(L&C)	Language & Communication Skills	
(R)	Research	
Holidays		



Rajendra Institute of Medical Sciences
(An Autonomous Institute under Government of Jharkhand)

We are delighted to invite you for the
Orientation Program of our New MBBS Students

अशोहण - 2026

...A flight towards compassion & care

“The Foundation Course for Batch 2026 – 27”

Date: 15th Sept. 2026

Time: 09:00 AM onwards

Venue: RIMS Auditorium

Regards: Organizing Committee, Foundation Course – 2026